

NOBA GSR Celebrates World Menstrual Hygiene Month in Tokyo with "Run for Dignity" and Awareness Event | Tokyo, Japan | May 2026

NOBA GSR successfully organized two impactful events in Tokyo during World Menstrual Hygiene Month 2026, bringing together students, families, community leaders, healthcare professionals, and volunteers to promote menstrual health awareness and build a more Period-Friendly World. The campaign commenced with "Run for Dignity" on 17 May 2026 at Komatsugawa Park, where participants united to support menstrual dignity, break social stigma, and encourage open conversations around periods. The event highlighted that menstrual hygiene is not just a women's issue but a societal responsibility.



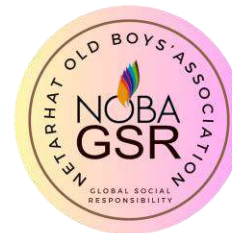
The celebrations culminated on **30 May 2026** at Funabori Tower Hall with a special World Menstrual Hygiene Day program featuring student speeches, poster presentations, panel discussions, awareness sessions, and the presentation of the

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Sangini impact journey. It started with talented Asmi and her mother Paramita duo performance.



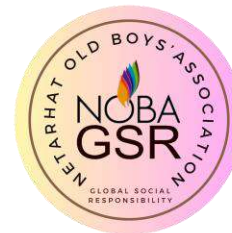
The gathering was honored by the presence of **Shri Sumit Mishra Ji, Country Head, Global Indian International School (GIIS), Japan**, who graced the occasion as Chief Guest and emphasized the importance of menstrual health education, supportive environments, and collective community action.

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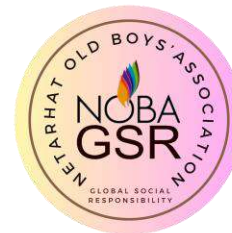
The panel discussion featured representatives from **Rachna Club Japan**, **AIMASHO**, **HSS Sevika Group**, **Women in Blue Cricket Team**, and **Tejomayi Sakhi Manch**, who shared valuable perspectives on women's health, leadership, workplace support, community engagement, and period awareness. A special contribution came from **Shri Rohan Agrawal Ji**, who spoke about the important role fathers can play in educating and supporting their daughters, reinforcing the message that men are important allies in creating a stigma-free society.

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More than 50 student volunteers actively supported the event through digital poster creation, awareness placards, registration, hall management, stage coordination, and logistics. Their enthusiasm and dedication demonstrated the power of youth-led social change.

NOBA GSR recognized and awarded outstanding student participants for their impactful presentations.

Speech Competition Awardees

- Nirvi Agrawal
- Jhanvi Kulkarni
- Suhani Singla

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- Saanvi Deshpande
- Saanvi Halmandge
- Akshaj Kulkarni



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Poster Presentation Awardees

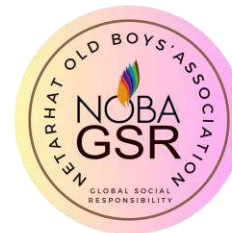
- Prisha Singh
- Jhanvi Kulkarni
- Adwita Raj

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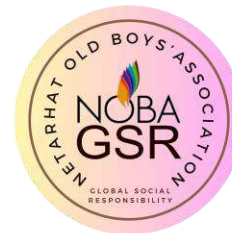


NOBA GSR congratulates all participating students for becoming young ambassadors of awareness and social responsibility. The event was skillfully anchored by **Jyoti Kiran and Shrutika Gundap**, while event logistics and management were handled by **House of 2**, with strong support from **Anushree Goyal and Kavya Sharma**.

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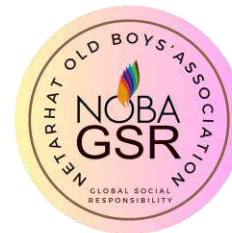


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The organization expresses sincere gratitude to its sponsors and supporters including **State Bank of India Japan, Vaishali Travels, Kashyap Guru Ji, OMS Solutions, Akira Consulting & Oh Bhaiya.**

Special appreciation is extended to the dedicated NOBA GSR Japan volunteer team including Utsav Singh, Zoya, Amol Shelar, Sandeep Gundap, Dilip Sinha, Mukesh Gupta, Jyoti Kiran, Gyaneshwar Gupta, Atul Goyal, Ajay Narula, Dada Suryavanshi, Rohit Singh, Shashi Bavhiskar, Amit, Kavita, Shivangi, Reiwa Singh and many other volunteers whose efforts ensured the successful execution of both events.



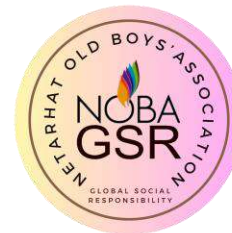
Both programs highlighted the impact of NOBA GSR's flagship Sangini Initiative, which has established menstrual hygiene facilities in more than 725 schools across India, helping thousands of girls access better hygiene, dignity, and education. NOBA GSR remains committed to its mission of breaking menstrual stigma, promoting awareness, and creating a future where no girl is held back because of her periods.

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NOBA GSR also expresses its heartfelt gratitude to the **Embassy of India, Tokyo** for its continued encouragement and support toward community-driven social initiatives. The Embassy's support and engagement played an important role in strengthening the outreach and impact of the World Menstrual Hygiene Month activities, reinforcing the shared commitment to awareness, education, and women's dignity.



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"Sath Challenge To Jeetenge – Together We Can Build a Period-Friendly World."